



# OPEN THE DOOR ON ABUSE.

Live Fear Free 24/7 helpline

**0808 80 10 800**

Our Provincial Safeguarding Officer

**Fay Howe**

**07551 124219**

BAME Covid support helpline

Mon-Fri, 10:30-14:30

**0300 222 5720**

LGBT+ domestic abuse helpline

Mon-Fri, 10:00-17:00, W-T 10:00-20:00

**0800 999 5428**

Find more resources on

[www.llandaff.churchinwales.org.uk/en/](http://www.llandaff.churchinwales.org.uk/en/)



**#BehindClosedDoors**