**A generous prayer in difficult times**

Father, today I count every trial a joy,

because I know you love me and

I trust in you.

You are generous and give without holding back,

every good thing in my life comes from you.

When I am tempted

I know you tempt no one.

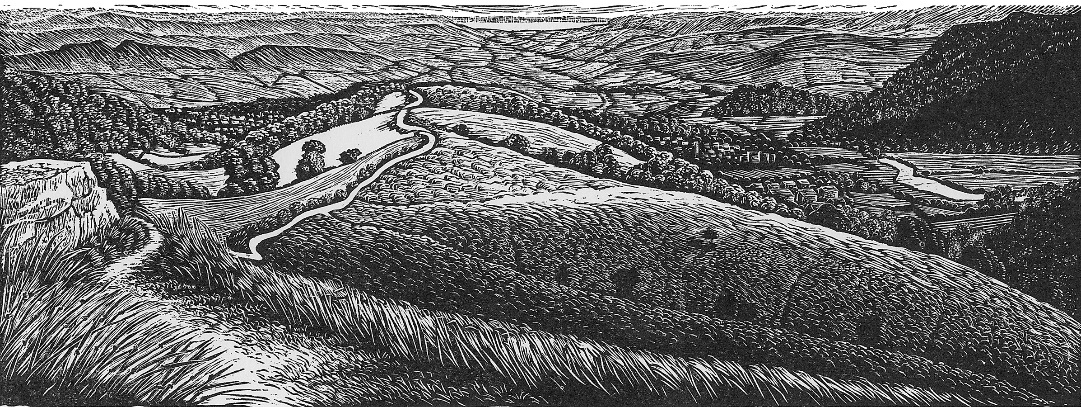
Help me,

to watch what I say

to care for those in need

to keep myself from all that is wrong in the world.[[1]](#footnote-1)

Lord in your mercy hear our prayer.

[[2]](#footnote-2)

1. Based on James chapter 1. James, by tradition was a close relative of Jesus and was known for his deep prayer life.

   James encouraged Christians to be joyful in adversity and to develop a strong and resilient faith. [↑](#footnote-ref-1)
2. Image used by permission of Kathleen Littler Engraver [↑](#footnote-ref-2)