

BOOK 3 - THE NEW NORMAL

TEACHER NOTES



A resource produced by Llandaff Education Team in partnership with artist Sal Stewart-Davis to support the emotional and social development of Foundation Phase learners following lockdown.

WHY?

Book 3 looks at the things that have changed in our lives and allows children opportunities to discuss these changes. It also allows schools to reinforce health and safety in a child friendly way.

The final section of the book links back to emotions and different ways we may feel due to the changes. Using these pictures and guides to identify feelings may support some children who don't feel ready to talk or use language associated with anxiety.

The images have been produced in a way in which each school can adapt to suit their context.

Page 1 - Superstars

Everyone has done their bit to keep people safe. What did we do? How did it help? We are all superheroes!

Page 2 - Important Things

What are the new rules? Why are they so important?

This may differ slightly depending on individual school buildings and should follow the school's agreed risk assessment.

Page 3 - Helping hands

Why is it important to wash our hands? How do we do it? Can we think of a hymn or song to sing while we do it so we can time ourselves? Have you seen anyone wear a mask? Why do they do this?

Page 4 - Space

Why do we need to try and keep a safe distance from other people? How can we do this? How do markings help us? Discuss queuing.

Page 5 - New Normal

How has our classroom changed? How can we make sure our classroom is safe? How can we welcome visitors in a different way. Discuss schools approach to online worship/visitors

BOOK 3

Continued



Page 6 - Shopping and Cooking

What has changed about shopping? Have your family eaten differently? Have you helped to cook meals?

Page 7 - Puddle jumping

Discuss how feelings can be like jumping in and out of puddles. Some days you are in the puddle and feel sad and other days you are on dry land and feel happy.

Page 8 - Emotions Ted

What do emotions look like? Which one are you today?

Page 9 - Emotions Tedometer

Are you ready to learn? If not, what can you do to help?

Page 10 - Name those feelings

How many different words can we think of for emotions? When are times we might feel them? Which ones are positive and which ones would we like to change? How can we do this?

Page 11 - Where Faith Matters

Lots of things have happened, many things have changed and we all might feel a bit different. Who can help us? People in school, parents, clergy...

Our faith can also help us. Praying and talking to your God can help you to feel stronger and braver.

Additional Support

- Please see our website www.llandaff.churchinwales.org.uk for additional resources including materials to support schools to develop a bereavement policy.
- CSC Cronfa Knowledge Bank wellbeing section provides a range of support resources.
- www.griefrecoverymethod.co.uk/schools
- www.elsa-support.co.uk