This resource section is dedicated to easily accessible and easy to understand prayer applications for apple, android and tablets.

The resources in this section are mainly to be used on an individual basis, apart from the additional course resources, which are designed to be done in small groups of approximately 3-10 young people (aged 11+). If your youth group is larger than 10, it is advised to break off into smaller groups for discussions and feedback.

These resources can be used by young adults as well as young people, and some resources will need overseeing by parents to use these applications with children/ young people.

**App Resource 1:**

**Lectio 365:**

Lectio is a free daily devotional resource that helps you pray the Bible every day. This can be downloaded on both Apple and Android phones, searching ‘Lectio 365’ on the app store.

There is a daily reading for approximately 10 minutes in the morning, and 6 minutes in the evening, helping you to start and finish the day by hearing God’s word.

In the morning there is a devotional inspired by Lectio Divine, a way of meditating the Bible using a P.R.A.Y rhythm:

* Pause to be still
* Rejoice with a Psalm and Reflect on Scripture,
* Ask for God’s help, and
* Yield to His will in your life.

This also allows young people to find an easy rhythm to use to pray daily. The Night prayers are more reflective, helping to rejoice in the day, as well as process the day and prepare to sleep. This app is extremely easy to use, and the layout/ structure of the prayers are already set, so the young people can just listen and be fed with God’s word, without trying to decide what to pray themselves.

For more info, go to <https://www.24-7prayer.com/resource/lectio-365/>.

**App Resource 2:**

**Pray as you go**:

This is a daily prayer app with music, verses, and a message for the day. This app is available on the Apple Store and Google Store, under ‘Pray as you go.’ This app is designed to be easily accessible whilst on the move, in the car, on the bus etc, and is approximately 10 minutes long daily.

It can be listened to individually, in a group, or as a family while on the move. Additional ‘Prayer Resources’ are available on the website such as daily Examen as well as Morning and Evening Prayer.

You can also access this resource by heading to <https://pray-as-you-go.org/> and listening to it there.

**App Resource 3:**

**You Version Bible App:**

This is a great Bible app, which can be found by searching ‘You Version Bible App’ on Apple/ Samsung/ Google app store and it is the app with the brown ‘Holy Bible’ picture.

This app contains lots of resources and daily devotionals/ reading plans that young people can read along individually, or leaders can read along with their young people in a group on the app, posting encouragements and favourite parts of each day’s reading.

Furthermore, devotionals can be chosen by topics such as hope, fear, anxiety and peace, which enables the young people to receive the materials relevant to their current situation, and it is a simple app to navigate. Each day there are daily notifications that include a bible passage, as well as lots of bible passages accompanying each daily devotional.

**App Resource 4:**

**Superbook Prayer App for Kids:**

This is an app that is great for parents using the app with their children. In terms of family resources, this is a great biblical resource to share with families and young people within your church. The app uses animated videos while walking through the entire Bible using the NLT translation. Available on Google Store and Apple Store, search ‘Superbook Prayer App’ to download this resource.

Whilst reading the biblical stories, there are icons for activities, games, quizzes or videos to help the child understand what they are reading and relate to them. There are also daily quests as well as streaks to encourage the child to return to this app daily and to engage with the content. This is a fun app that mixes solid bible teaching and fun for the children!

**Additional Resources:**

**24/7 Prayer Course**- <https://prayercourse.org/> - This is an eight-week journey looking at the Lord’s prayer, including sessions such as ‘why pray?’, adoration, contemplation, listening and unanswered prayer.

This course is easy to run in any small group or church context, and each week has a video, discussions and practical prayer activities alongside the applicable bible verses. This prayer course is suitable for young people as well as adults, and we recommend this resource for ages 11+.

**Youth Alpha-** <https://alpha.org/youth/> - This is a free to run, nine-week series created by HTB, designed to make it easy for youth to be excited about engaging in conversations about faith. This is a great resource allowing young people to ask questions about life and meaning, giving them an open space to share their opinions in a safe and friendly environment.

The discussions and plan for each week comes with the video, which enables each group running this course to have a set layout without needing to spend time preparing for a long time prior to each week.

Within this nine-week series, there is an episode titled ‘Prayer: Why and How Do I Pray?’ Although the Youth Alpha Course is not specifically targeted at Prayer, it is an amazing resource for young people who are exploring faith and prayer with God and has been successful in many churches across the UK.